

# Open Table

Open Table's mission is to provide healthy food, friendship, and support to those in need while respecting their privacy and dignity. **Guests are not asked to demonstrate need.** We offer weekly community supper programs and food pantries in Concord and Maynard/Sudbury to more than 300 guests. Founded in 1989, we provide a welcoming community of support and assistance to families and individuals, including many seniors and children – open to all who come.

**Open Table Concord**  
**First Parish Church**  
**20 Lexington Road**  
**Concord, MA 01742**

**Open Table Maynard**  
**33 Main Street**  
**Maynard, MA 01754**

## Community Dinners

Our Dinners are open to all who come - the meal is complimentary but donations are always welcome.

Maynard:	Tuesday 5:00-7 PM Doors open at 5:00, dinner served at 6:00
Concord:	Thursday 4:45-6:30 PM Doors open at 4:45, dinner served at 5:30

**Maynard Pantry Shopping Hours** Our pantry service is by appointment. All registered clients may shop during their scheduled pantry times.

Monday	3-6:30 PM
Tuesday	1-3 PM Seniors Only
Thursday	3-6:30 PM

## Need a ride?

Often times it is difficult for guests to get to Open Table. We have a few ways to arrange rides for guests to visit our pantry or community dinners. For more information-

check our website: [www.opentable.org](http://www.opentable.org)

send an email : [transport@opentable.org](mailto:transport@opentable.org)

or call, leave a message and a volunteer will return your call 978-369-2275

## A sampling of our pantry goods

Some foods we regularly stock in our pantry: Fresh vegetables and fruit, bread, milk, cheese, eggs, cereal, canned goods, yogurt, pasta, chicken, fish, spaghetti sauce, crackers, and baked goods